



FEBRUARY, 2008

Mediapolis K-6 Youth Wrestling

****ALL Wrestlers****

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 6:00-7:30PM	5	6 6:00-7:00PM Practice Live Wrestling	7 6:00-7:30PM	8	9
10	11 6:00-7:30PM	12	13 6:00-7:00PM Practice Live Wrestling	14 6:00-7:30PM	15	16
17 NHSCA State Tournament Des Moines	18 6:00-7:30PM	19 5:30-6:45PM Take Down Drills	20 6:00-7:00PM Practice Live Wrestling	21 6:00-7:30PM	22	23 USA State Weigh-ins Cedar Falls
24 USA State Tournament Cedar Falls	25 5:30-7:00PM	26 5:30-7:00PM Take Down Drills	27 5:30-6:30PM Practice Live Wrestling	28 5:30-7:00PM	29	



MARCH, 2008

Mediapolis K-6 Youth Wrestling

****ALL Wrestlers****

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 5:30-7:00PM	4 5:30-7:00PM Take Down Drills	5 5:30-6:30PM Practice Live Wrestling	6 5:30-7:00PM	7	8
9	10 5:30-7:00PM	11 5:30-7:00PM Take Down Drills	12 5:30-6:30PM Practice Live Wrestling	13 5:30-7:00PM	14	15
16	17 5:30-7:00PM	18 5:30-7:00PM Take Down Drills	19 5:30-6:30PM Practice Live Wrestling	20 5:30-7:00PM	21	22
23	24 5:30-7:00PM	25 5:30-7:00PM Take Down Drills	26 5:30-6:30PM Practice Live Wrestling	27 5:30-7:00PM	28	29
30						

****REMAINING SCHEDULE TO BE DETERMINED****